

Headscarves and Bands

There was serious nostalgia marching down the runways in the fall 2020 preview shows.

Amidst those throwbacks to the 1990s and early 2000s was the headscarf, either styled completely covering the top of the head or in a wide headband.

HOW TO FOLD IT

If you've slept since then or skipped the trend entirely, here's what you need to know. Fold the scarf or bandana into a triangle shape with the point facing down the back of your hair. Place the front edge just behind your bangs or front hairline and tie underneath your hair. For a wide band, start with the triangle, then fold it over until you reach the desired width. Tie underneath your hair as before.

HOW TO WEAR IT

Pop it on in the traditional bandana fold to keep your hair covered (and hide spectacular bad hair days with a little more class than a baseball cap). You can also roll it into a wide headband, as mentioned above. But for a little more flair, weave it into a braid or chignon; tie it into a soft, trailing bow; or knot it around a ponytail and leave the ends trailing on one side.

WHAT TO LOOK FOR

Gucci went for vintage pat-



terns while other designers aimed for solid, simple pastels and blues. Dior went with repeating logos on silk bandanas. You can also find fun prints in a thin cotton, but beware of going too thick or too stiff with fabrics. You want this look to be flowy and feminine. Also look for bold dots and stripes, and you can never go far wrong with a traditional bandana print in fun and quirky colors.

HEADBANDS

These aren't the skinny-mini headbands of years past. This year's headbands are chunky and bordering on the athletic. Wear these lower on the head, almost covering the tips of the ears. Another notable comeback is the padded headband, rising like a crown over sleek tresses. Look for these thick headbands embellished with pearls, topped with shearling or in hot neon colors.

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FALL FASHION | COLOR TRENDS

Burnt Oranges, Soft Greens

Look for these hot colors in trendy pieces like maxi dresses, peasant tops and slouchy boots.

Also hot this year are more staid pieces like equestrian-style suiting and layering pieces like capes, cropped blazers and biker jackets. In dresses, look for doll silhouettes and sleek columns.

ORANGE

Orange really is the new black, particularly this year's warm, rusty, earthy shade of burnt orange. You aren't looking for hot, summery colors, but colors that trend toward brown and run the gamut from reddish hues to more traditional pumpkin shades. Wear it with brown and other flesh tones in fall materials like leather and suede. Pair it with gold accessories, particularly the chunky chains that are hot this year.

GREENS

What you're looking for here are cool, pastel shades of mint, celery and even a soft shade of lime. This color pairs well with flesh tones, but also with white, pinks and navy. Other pastels work great, too, with these softer colors to create a sugary sweet look.

MARIGOLD

This is another color that you need to be sure on. It's not mustard but it's also not gold. It



is a warm glow that brings some sunshine to dreary fall days. As with these other colors, it looks great with flesh tones. It also looks great with shades of gray and cream and with jewel tones, such as burgundy and emerald green. Go for darker shades of blue rather than lighter blues to accent the warmth of the color. A little shy? Try a lighter shade of buttercup.

RED Two tones of this color are

red-hot, pun completely intended. Pantone points to its shades of Samba and Mandarin Red. That's what you're looking for here. Don't be afraid of this bold hue; if you'd prefer baby steps, look for on-trend accessories such as scarves and purses. Colored leather is also a hot trend, and red is a color that stays in style. Pair it with navy blues, black and darker colors. If you've got the nerve, red is a great choice for a monochromatic look.

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FALL FASHION | RUNWAY WATCH



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Trends you Shouldn't Ignore

Here are five top trends for fall that you shouldn't ignore to stay on-trend this fall.

1. Puffed sleeves. Sleeves and shoulders are getting bigger, but don't worry, these aren't the sharp, crisp lines of the 1980s. These are more flowy, romantic shapes. Puffy sleeves in sheer fabric manage to be both chic and sexy.

2. Statement collars. The disco collars are back, baby, as are removable collars in a variety of fabrics and

styles. The hottest? Shearling and faux fur.

3. Gloves. All lengths, all styles all materials and all colors. Gloves are white-hot. Colored leather and slouches are particularly popular.

4. Fringe. Fringe is everywhere. It's on dresses, jackets and all kinds of accessories. Entire skirts were made of fringe on the Dior runway and Chanel laced fringe on a pencil skirt.

5. Pleats. Also everywhere. Dancing across tulle and other soft, flowy fabrics in skirts and tops alike.

6. Bermuda shorts. Yes, in fall. Yes, with tall boots. Possibly in plaid.

Maybe in khaki.

7. Bra tops. Put it under a blazer if you feel like you're showing too much skin. For a night out, make it in leather.

8. Trouser pants. Boxy and full of boss-lady energy. Look for traditional menswear materials or a bright pop of neon color.

9. Crochet. This ain't your grandmama's. Crochet is showing up on feminine dresses and suiting. And yup, it's on those bra tops, too.

10. Ruffles and tiers. From top to bottom and in bold style. Think big when it comes to both of these things.

11. Cutouts. These are back from the 2000s, too, but they aren't quite so ... tacky. These contemporary cutouts can be appropriate for the office when worn at the elbow or shoulder.

12. Animal prints. Did they ever really go away? But it's not just leopard print. Look for zebra stripes, snakeskin and more in fantastic shades.

13. White all year round. All. Year. No arguments.

14. Leather, too. In bright colors and in more than just jackets and boots. Look for gloves, skirts and more.

FALL FASHION | FINISHING TOUCHES

It's in the Nails

There are new nail shapes and trends in the offing, some triggered by weeks in pandemic isolation. Top colors seen on the runways are bare nails, nudes, pastels, timeless reds and neons.

SHORT, NATURAL NAILS

Weeks away from the salons mean we've got short nails in mostly solid colors. But those short nails in solid colors were also on fall 2020 runways from Lela Rose, Serena Williams and Oscar de la Renta. Bare nails, well-groomed and glossy, are also big right now, as are manicures in nude colors.

MULTICOLOR NAILS

From bold to cute, multicolor nails were spotted at Rebecca Minkoff. Minkoff's look was a monochromatic play with different shades on each nail. You can also try this in a French manicure or a reverse French manicure.

3D ART

Appliques are a hot trend, as are nail piercings adorning extensions. Look for art that's not gaudy but that adds more glam. Crystals add drama and shine to a bare nail, as do metallic details like foils. Gel nail stickers are also a quick way to accent your manicure at home.

MORE METALLICS

Metallic paints are also back, especially as an accent nail. Dips are also a great option to achieve a pearly metallic look with any color. You can also add delicate touches of metallics to any manicure for a quick, chic style.



OMBRES AND GRADIENTS

The trendiest ombres are pastel and milky with a touch of shimmer. Use swipes of color on a sponge wedge to achieve this look at home. A gradient from nail to nail is easy-peasy and perfectly on trend.

ARTISTIC LICENSE

Top trends in nail art are

inspired by plants and the cosmos. Think of black nails with simple constellations painted on or navy nails with leaves in metallic colors. Bare nails accented with tiny gold leaves are a classic look.

MATTE

Matte is back. You can add a matte look to any color with a

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topcoat. Matte also looks great over patterns like plaid and other kinds of nail art.

NEGATIVE SPACE

Think of using the bare nail as the art, including the halfmoon looks and stickers, crystals and other appliques applied directly to the bare nail.

Shearling, Fur, Feathers, Shag

Last year brought us the year of cozy. This year, it gets even cozier with shearling, fur, feathers and shag on the runway. It adorns everything from headbands to footwear, as well as where expected, such as jackets, capes, ponchos and dresses.

SHEARLING

This is the fleece from a shearling sheep, and this year it comes dyed in every color of the rainbow. It's on coats, sure, layered in tough bomber jackets and boxy shapes, but also in flowing, feminine trench coats. Shearling was spotted on Stella McCartney's runway, as well as Sandy Liang's.

FUR

Nothing makes a statement like fur. Most designers have gone faux fur more often than not; Miuccia Prada has gone fur-free in her offerings from Miu Miu and Prada. Fall's fur jackets are big, bold and trench length. These looks graced the runways of Miu Miu, Michael Kors Collection and Giorgio Armani. New innovations mean that some of the faux fur is even made sustainably.

FEATHERS

Texture doesn't get much bigger than feathers. These big, bold dresses and tops were everywhere on fall runways, including big names like Valentino and Attico. The lighter-than-air looks took up a lot of room and could be feminine or edgy, depending on how they were presented. You can choose and accent or you can do it big with a completely feathered top or jacket. It's also on accessories, like shoes, belts and bags.

SHAG

We're not talking about the haircut here. When shearling is left long, it becomes shag. This long, textured look was on coats at Burberry and Celine in fall's hottest colors.

All of these textures were shown in their all-over, fullon glory, or as accent pieces if you prefer a more understated approach. Look for these textures on pockets, cuffs, belts, collars and as trim. Another huge trend is patchwork, and several runway looks combined these textured materials with that look.

New innovations mean that some of the faux fur is even made sustainably.



FALL FASHION | STYLE FROM HEAD TO TOE

Fall Hair

We've all been in quarantine and needing cuts. We've got the hottest new trends to try when you finally get back to the salon. Keep reading for how to find the chicest styles for this fall.

COLOR

Hot colors at the root (think Billie Eilish's neon green 'do) were all over runways. Blazing neon colors at the root and black or brown at the tips, sort of like a grown-out color in reverse. Bright hair colors were also seen as streaks and tips in bangs and as part of long ponytails topped with soft ribbons.

If bright, nontraditional colors aren't your thing, go for the season's hottest color, a deep chocolate brown. Still too light for you? Try a deep brown just a shade off black. If blonde is more your thing, ask your stylist for a honey-colored hue. Need lighter still? Try for a silvery platinum blonde. In any shade, go big on shine and shine-producing products. Your stylist can point you in the right direction.

CUT AND STYLE

Bangs are also back, either in choppy, short pieces or lush, eyebrow-length fringe. Pixie cuts were spotted at Stella



McCartney and Dior, and bobs marched down the runway at Loewe and J.W. Anderson.

It's not surprising that utilitarian cuts and styles are hot. Low ponytails with a side part are a clean, elegant solution to messy fall weather. Brush it straight back for a more severe, yet more sophisticated look. Designers Brandon Maxwell and Hugo Boss were among those showing off this style on their runways.

A middle part, like so many other 1990s and 1970s styles, is back on the runway. Models at Burberry showed off a crisp part with sleek, straight hair. Models at Stella McCartney and Missoni combined trends, pairing the middle part with a low ponytail.

Buns and knots are still around, a subtle but chic updo that adds instant elegance to any look. Like the ponytails, © ADOBE STOCK

these are kept low on the head and not overly twisty. If the look is too clean for you, leave a few ends sticking out. Vintage looks, like the sleek waves and soda can curls of the 1920s and 1940s also showed up at Miu Miu, MSGM, Dolce & Gabbana and Erdem.

FALL FASHION | TREND ALERT

Bring the Shine

Metallics were everywhere in fall fashions this year. Nails, clothing, shoes, accessories and even hair are all sporting glamorous metallic color and shine. Keep reading for more on incorporating this white-hot trend into your style.

LIQUID METALLICS

New fabrics and materials mean metallics are looking more wet paint than ever this year. Liquid metallic dresses are sure to be a hit at holiday parties and at New Year's. Choose designs with little adornment (definitely not sequins) to keep the look classy. A little too bold for your liking? Choose metallic shades in fabrics and garments that have a sheen to them, like silk, to stay on trend.

SEQUINS

Sequins are still king when it comes to pops of metallic glamor. The trick to wearing sequins without looking like a pageant queen (though it's perfectly fine if you do): pair your sequin choices with more understated fabrics and accessories. Sequined skirt? Pop on a sweater or crisp white blouse. Sequined top? Think plain dark-washed jeans or



black trousers to keep it simple. If you're just sticking a toe in, make it literal with a pair of sequined shoes or even sneakers.

HAIR

Metallics are also in for hair color. Luxe platinum, rose gold, blue or bronze waves are perfectly on trend and very in right now. If you want one of these colors, definitely go pro. This is not a job for box dye and may take several steps to achieve depending on what your natural color is. After you get your color on, ask your stylist for products and maintenance tips to help it last.

NAILS

We're all familiar with metallic nail polishes. But now we can take it up a notch with dipping powders that deepen and add dimension to your metallic talons. Dip powders are somewhere between a regular manicure and a fake nail. The color comes from a pigmented powder you dip your nail into. At a salon, most technicians paint the powder onto your nail, but at home you're free to dip as long as no one else uses your powder. Dip powders can give your nails a metallic or even holographic hue. Just follow the directions carefully.

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